◆Mai Hoang Vu マイ ホアング ウ医師 (脳神経外科医師) 2015 年 9 月 28 日 - 10 月 9 日

<脳神経外科等受入·研修担当>

1. 山本 脳神経外科 診療グループ長、准教授

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2. 阿久津 脳神経外科 講師
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3. 鶴田 脳神経外科 寄附講座准教授

Time flies so fast when I am at Tsukuba Hospital in 2 weeks. This two weeks internship experience has been very useful in increasing my career skills and greatly broadening my knowledge in neurosurgery.

This is my second time in Japan. My first one is in UTH

My weekly day begins at 7:30 am in the 8th floor. All the staff discuss about the cases in the schedule one by one by the moderate of the dean professor. We plan the operation and check the patients. I learned a lot of experiences to analyze the plan operation for each case. Then, i move to the operation room.

The first case I saw here is one MCA aneurysm, which is popular in my Cho Ray hospital. I had some experience after this case such as: how to approach the aneurysm, to chose the suitable clip and to control the clipped aneurysm.

The second case is the tuberculum meningioma. This is the benign tumor with adhesive important structures around like as: pituitary stalk, anterior cerebral artery, hypothalamus... This operation took 12 hours, however the patient after surgery recovery very well, no complication, no loss visual,...

I admire dr. Yamamoto who made the operation until the midnight .

In the first week, there are 2 case MVD (microvascular decompression). One is hemifacial vasospasm, and the other is trigeminal neurigeal. It is a great opportunity to follow both. This type of disease is not frequent in my hospital. The treatment of this disease is not difficult but the recovery of the patients is amazing.

In recent years, electronic tools have been developed to aid surgeon. I cannot imagine a number of advantages to the patients with Neuro- endoscopic surgery until I come here. In my hospital, we have just made some simple case such as adenoma pituitary. Here, you can use endoscopic to treat a lot kind of tumors in anterior skull base including craniopharyngioma, optic glioma,... I hope you will support this technique for my hospital in the future.

In particular I would like to thank for the time you, all the staffs of Neurosurgery Department spent with me having one unforgettable welcome party, discussing the professional knowledges. All the staff are welcoming, helpful and offered me terrific career advice. This 2 weeks internship has definitely increased my interest in pursuing neurosurgery.

I would love to stay in touch and perhaps speak to you in regarding steps I should take in the future to pursue a career in neurosurgery especially vascular cerebral surgery

And the last, I would like to extend sincerely appreciate to:

- Prof. Akira Matsumura - Director of the University of Tsukuba Hospital

- Prof. Minoru Akiyama - Chief, Office for the Promotion of International Medical Affairs (OPIMA)

- Prof. Yamamoto Chief of Neurosurgery department.
- Ms. Megumi Fukaya Coordinator of OPIMA

Once again, Thank you for the terrific two weeks!



Farewell party



At staff canteen