

## Notice for patients who are self-injecting with insulin, growth hormone, or other medications

Usually, insulin injection items (needles, alcohol swabs, sensors for measuring blood glucose, etc.) are provided in the hospital, but we can give them to you if you have a telephone consultation. Since sensors for blood glucose measurement need thermal management, they will be sent by refrigerated courier service. However, please note that you are responsible for the shipping costs of the items. You can also pick them up at a dispensing pharmacy if you only need needles. Please note that when these items are given to you, you need to have a prescription for injectable medication.